

Pre and Post Operative Care

by Eva Claiborne

A master aesthetician, educator and product innovator, Eva Claiborne has spent decades developing and perfecting a distinctive style of skincare designed for clients and international organizations who utilize her skincare services and training programs. Her latest offering of non-medical Pre-and Post-Operative Wellness Treatments for face and body were developed in conjunction with dermatologists and plastic surgeons.

Pre: Several days before surgery skin is exfoliated and hydrated, ensuring it's healthy and clean prior to surgery. Her unique treatment helps reduce swelling, strengthens the immune system, enhances cellular immunity and improves skin tone and has been shown to lead to optimal recovery.

Post: A week after surgery — after stitches are out — a series of Post-Operative Wellness Treatments are administered to re-open and boost the lymphatic system, relieve pain, reduce swelling, minimize bruising and speed up the healing process. Six to ten treatments are generally needed to re-establish the body's healing cycle and to maintain long-lasting results.

To accommodate the preferences of her clients who undergo procedures, Claiborne offers concierge services in the privacy of the client's home or treatments at her spa in Tiburon — book your visit today.

Additional Cutting-edge Skincare Solutions: Along with a host of unique Hungarian spa treatments, Claiborne offers many other cutting-edge skincare solutions, including microdermabrasion — a needleless microneedling device and Claiborne's own regenerating serum, packed with plant-derived, multi-stem cells and anti-oxidants that help fortify and protect skin on a deep, cellular level, leaving it silky, smooth and youthful.

For maximum benefits, Claiborne recommends receiving this treatment three times a month and using TITOK naturals Regenerating Serum Rx and Regenerating Cream Rx dual system at home to maintain the results.

Another treatment available at her zen-like spa is the ever-popular HydraFacial. A go-to choice for everyone, it's estimated that one is performed every 15 seconds across the world, and with good reason. This four-step, medical-grade resurfacing treatment cleanses, exfoliates, extracts, and lastly, hydrates the skin with serums that are infused into pores with the HydraPeel Tip, a pen-like device. Non-invasive and non-surgical, it delivers instant results with no discomfort or downtime. While it's usually used on the face, it can also be used on the back and arms, and tailored to address your specific needs. Beneficial for all skin types and ages, the combinations of clinically-formulated ingredients used during the procedure diminish the look of fine lines, wrinkles, and hyper-pigmentation, and improve cell renewal, leaving your skin feeling refreshed, renewed and invigorated.

Her unique approach — melding signature treatments, special products, global training and years of experience — focuses on well-being, inside and out, both before and after cosmetic procedures and surgery. *titoknaturals.com, tiburonskincare.com*